

A moment out of time and familiar spaces to:

Renew, Revitalize, Refresh :

Your personal / professional paths, goals, visions...

Enjoy, Explore, Expand:

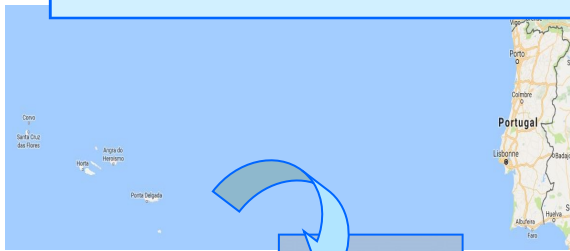
Individual and geographical horizons.

Azorean Odyssey

revitalization workshop

June 14-20, 2020

The Azores: a jewel of 9 islands in the middle of the Atlantic, situated between the US and Portugal



The Island of São Miguel, the largest island of the Portuguese archipelago of the Azores, will host this workshop.

Join us in exploring the richness of these wonderful islands while contacting your own rich resources, dreams and visions through a palette of activities drawn from diverse sources such as Narrative Practices, Ericksonian Hypnosis, Art Therapy...

No knowledge of Narrative Practices is required. This workshop is open to all.

A voyage for the discovery of personal and natural resources. Individual exercises and group process are designed to foster support and challenge you to explore new territories.

« Moinho d'água », (« le moulin à eau ») où se déroulera le stage, est situé à côté d'un vieux moulin.



Le chant de l'eau qui ruisselle nous accompagnera...

Ci-dessous une des maisonnettes où nous serons logés.



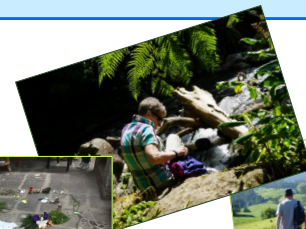
The group will be made up of 7-9 participants ...



The workshop will be conducted, as needed, in English and in French, as the facilitator is bilingual.



Discover and explore this fertile region known for its geothermal activity, hot springs and wonderful countryside.



We will also take the time for connecting with the richness of the islands through activities such as hot springs bathing, visits, exploration and walks in nature.

« This is my first trip outside of France that I undertake without my family...

The first voyage that gave me a sensation of freedom and of nature in its wild state.

The first voyage where I experience daily hiking as a source of vitality »

But it is also....

« The first voyage part workshop part hiking,

The first voyage in a group where we share everything

The first voyage that has me wanting to return soon »

(A Participant)

